

Medications to Avoid Before Procedures

Many procedures, such as receiving Botox or dermal filler injections, require your system to be free of any aspirin-containing products for **two weeks prior** to your appointment. Please review the list below to help minimize bruising from your procedure by closely following Dr. Cockerham's instructions.

Botox and Dermal Fillers

Do not take any of the following for two weeks prior to your injections:

- Aspirin and aspirin-containing medications (Tylenol is acceptable)
- Ibuprofen and other anti-inflammatory medications
- Blood thinners
- Herbal supplements and vitamins that thin the blood

TAKE Sinnech (Arnica Montana) 48 hours before and for two days after injections.

Surgical Procedures

If you are scheduled for blepharoplasty, strabismus surgery, orbital decompression surgery, orbitotomy, surgery for nasal lacrimal duct obstruction, **do not take any of the following for two weeks prior to your surgical procedure:**

- Aspirin and aspirin-containing medications (Tylenol is acceptable)
- Ibuprofen and other anti-inflammatory medications
- Herbal supplements and vitamins that thin the blood
- Blood thinners (**do not take for three days prior to procedure**)

Medication/Supplement Descriptions

Ibuprofen: An NSAID (nonsteroidal anti-inflammatory drug)

Advil – Alleve - Motrin – MotrinLB - Mediprin – Naproxin - Nuprin - Celebrex - Bextra - Vioxx

Herbal Supplements and vitamins that thin the blood:

Vitamin E (>40 IU)
Feverfew
Airborne

Ginkgo Biloba
Ginseng
Red Clover

Fish oil
garlic supplements
Vitamin C (>40 IU)

Blood Thinners:

Do not take the following for three days prior to procedure: Coumadin, Heparin and Persantine.

Medications Containing Aspirin

ALKA-SELTZER TABLETS
ALKA-SELTZER PLUS COLD MEDICINE
ANACIN CAPSULES AND TABLETS
APC TABLETS

FLORINAL
FLORINAL WITH CODEINE
4-WAY COLD TABLETS

Medications Containing Aspirin, cont'd

APC WITH CODEINE
 ANACIN MAXIMUM STRENGTH
 ARTHRITIS PAIN FORMULA BY ANACIN
 ARTHRITIS STRENGTH BUFFERIN
 ASCODEEN-30
 ASCRIPTIN
 ASPIRIN
 ASPERGUM
 ASPIRIN SUPPOSITORIES

BAYER APSIRIN
 BAYER CHILDREN'S CHEWABLE
 BAYER CHILDREN'S COLD TABLETS
 BAYER TIMED RELEASE ASPIRIN
 BC POWDERS
 BUFF-A-COM,P TABLETS
 BUFFADYNE
 BUFFERIN
 BUTALBITAL

CAMA INLAY TABLETS
 CETASED, IMPROVED
 CHERACOL CAPSULES
 CONGESPIRIN
 COPE
 CORICIDIN DECONFESTANT TABLETS
 COROCDIN FOR CHILDREN
 CORICIDIN MEDILETS TABLETS –CHILDREN
 CORICIDIN TABLETS

DARVON WITH ASA
 DARVON-N WITH ASA
 DRISTAN DECONGESTANT
 DURAGESIC

ECOTRIN TABLETS
 EMPRAZIL
 EMPIRIN
 EMPIRIN WITH CODEINE
 EMPRAZIL TABLETS

GEMNISYN
 GOODY'S HEADACHE POWDER

INDOCIN

MEASURIN
 MIDOL
 MOMENTUM MUSCLE BACKACHE
 MONACET WITH CODEINE

NORGESIC
 NORGESIC FORTE
 NORWICH ASPIRIN

PABIRIN BUFFERED TABLETS
 PANALEGESIC
 PERCODAN
 PERCODAN DEMI TABLETS
 PERSISTIN

QUIET WORK ANALGESIC SLEEP AIDE

ROBAXISAL

SK-65 COMPOUND
 ST. JOSEPH ASPIRIN FOR CHILDREN
 SINE-AID / SINE –OFF SINUS MEDICINE
 STENDIN
 STERO-DARVON WITH ASA
 SYNALGOS CAPSULES
 SYNALGOS-DC CAPSULES

TOLECTOIN
 TRIAMINICIN TABLETS

VANQUISH
 VERIN
 VIRO-MED TABLETS